



INCORPORATING NEXUS DIRECT
Pointing the Way to a Brighter Future
For all Residential • Respite • Supported Living & Domiciliary Needs

Referral Questionnaire.

This document must be completed prior to admission.

Please answer all questions as completely and as clearly as possible.

It is vital that we gain an insight into the needs of each potential service user in order to ensure that our service delivery can accurately match the needs of the client.

All information is strictly confidential.

Name

D.O.B

Head office: The Hall Ashford Road Hamstreet, Ashford, Kent TN26 2EW

Telephone: 01233 733299 Fax: 01233 731007

www.nexusprogrammelt.co.uk email: nexusprogrammelt@btinternet.com

Registered Company Number 03755518

Members of



Next of Kin and contact details:

Please list the significant persons in the clients life and add contact details:

Please list all professionals working with the client and in what capacity and add contact details:

Please state any medical diagnosis that the service user may have: and provide a list of current medication:

Please state any allergies that this service may have:

Please state the level of challenging behaviour that this service user presents,:

Mild Moderate Severe

Please identify and explain in detail the types/patterns/triggers and frequency of behaviours displayed.

Please explain the interventions presently used and the effectiveness of the current care plan.

Please comment on the individual's ability to express their needs, include verbal and non-verbal methods of communication and any interventions required. Explain what can be done to support their communication needs.

Please describe the individual's continence needs and management. Include any health related issues such as recurrent urinary tract infections and bowel habits/risk factors/severe constipation.

Describe the actual mobility needs of the individual. How many people are needed to transfer and support the individual's mobility and explain what they need to do.

Describe the individual's moods, any periods of distress and anxiety symptoms. Please include identified triggers and any interventions used to support the individual.

Please comment on the individual's ability to maintain their nutritional status.
Please include any dietary needs and allergies.

Please indicate the individuals sleep patterns and any deprivation experienced
Please describe any nocturnal habits that individual may have.

Please state if the individual has any difficulties with medical appointments or interventions, for example needle phobic.

Please comment on the interests of the individual, their current activities and needs for assistance with any of these.

Please provide information on needs relating to ethnic, cultural or religious background. Does the individual have specific needs in this area

Please describe the family tree and significant others. Please describe any social issues.

Please give an overview of the individual and any other issues which the individual presents.

Please complete the following assessment In order to help us to be able to make a decision about offering this service user a 12 week assessment period at Nexus Programme Ltd.

If we do offer him/her a place we will use it as a base-line assessment so that we can track progress over the initial 12 week assessment which will help us make an informed decision at the end of the assessment period.

The categories we are asking you to consider are:

Can do without help or supervision

Can do but only with help or supervision

Cannot do yet

Do not know whether he/she can do this

Uses this ability to an adequate amount

There is no opportunity to use this

Self Help

Clothing

Selects own clothes from drawer or wardrobe

Chooses clothing and footwear suitable for weather conditions

Chooses clothing and footwear suitable for Occasion e.g work or party

Shows personal preferences and awareness of fashion

Locates clothing or footwear shops or departments and knows own sizes

Dressing and Undressing

Puts on simple articles of clothing i.e. socks and underwear

Removes simple articles of clothing i.e. socks and underwear

Puts on garments that require buttoning, zipping or tying

Removes garments that require unbuttoning, unzipping or untying

Completely dresses self in a sensible sequence

	Can do without help or supervision	Can do but only with help or supervision	Cannot do yet	Do not know whether he/she can do this	Uses this ability to an adequate amount	Does not use this to an adequate amount	There is no opportunity to use this
Selects own clothes from drawer or wardrobe							
Chooses clothing and footwear suitable for weather conditions							
Chooses clothing and footwear suitable for Occasion e.g work or party							
Shows personal preferences and awareness of fashion							
Locates clothing or footwear shops or departments and knows own sizes							
Puts on simple articles of clothing i.e. socks and underwear							
Removes simple articles of clothing i.e. socks and underwear							
Puts on garments that require buttoning, zipping or tying							
Removes garments that require unbuttoning, unzipping or untying							
Completely dresses self in a sensible sequence							

Self Help

Use of Toilet

Recognises when needing to use the toilet

Uses the toilet unaided

Flushes the toilet and adjust dress

Leaves toilet clean and fit for others to use,
 female able to dispose of sanitary material properly

Uses public conveniences, knows difference between
 Ladies and Gents able to operate coin mechanism

Personal Hygiene

Washes hands and face when needed,
 after toilet before a meal

Takes a bath or shower when needed
 uses deodorants

Cleans teeth properly

Washes Hair properly

Changes underwear and socks
 Female cope with menstruation properly

	Can do without help or supervision	Can do but only with help or supervision	Cannot do yet	Do not know whether he/she can do this	Uses this ability to an adequate amount	Does not use this to an adequate amount	There is no opportunity to use this
Recognises when needing to use the toilet							
Uses the toilet unaided							
Flushes the toilet and adjust dress							
Leaves toilet clean and fit for others to use, female able to dispose of sanitary material properly							
Uses public conveniences, knows difference between Ladies and Gents able to operate coin mechanism							
Washes hands and face when needed, after toilet before a meal							
Takes a bath or shower when needed uses deodorants							
Cleans teeth properly							
Washes Hair properly							
Changes underwear and socks Female cope with menstruation properly							



Self Help

Food and Drink Preparation

Makes hot drinks

Can assemble ingredients
open cans, packets and bottles

Prepares vegetables for cooking
peels potatoes etc

Follows simple recipes or instructions

Selects correct oven temperatures
and monitors cooking

Setting and clearing the table

Place mats, salt and pepper etc

Sets simple place setting correctly
positions knife, fork and spoon

Places serving dishes and serving utensils

Clears away taking care with breakables

Clears and shakes table cloth
wipes down table

	Can do without help or supervision	Can do but only with help or supervision	Cannot do yet	Do not know whether he/she can do this	Uses this ability to an adequate amount	Does not use this to an adequate amount	There is no opportunity to use this
Makes hot drinks							
Can assemble ingredients open cans, packets and bottles							
Prepares vegetables for cooking peels potatoes etc							
Follows simple recipes or instructions							
Selects correct oven temperatures and monitors cooking							
Place mats, salt and pepper etc							
Sets simple place setting correctly positions knife, fork and spoon							
Places serving dishes and serving utensils							
Clears away taking care with breakables							
Clears and shakes table cloth wipes down table							

Self Help

Leisure at home

Decides how to spend own time

Occupies self for short periods

Selects favourite TV or radio programmes

Plays indoor games dominoes cards
table tennis etc

Engages in in creative hobby or interest

First Aid and Health

Shows awareness of danger and
exercises caution

Knows how to obtain appropriate help
in emergency fire brigade police ambulance

Treats simple injuries and minor ailments
cuts and headaches

Takes simple health precautions changing
wet clothes etc

Seeks medical help when required and
takes medication reliably

	Can do without help or supervision	Can do but only with help or supervision	Cannot do yet	Do not know whether he/she can do this	Uses this ability to an adequate amount	Does not use this to an adequate amount	There is no opportunity to use this
Decides how to spend own time							
Occupies self for short periods							
Selects favourite TV or radio programmes							
Plays indoor games dominoes cards table tennis etc							
Engages in in creative hobby or interest							
Shows awareness of danger and exercises caution							
Knows how to obtain appropriate help in emergency fire brigade police ambulance							
Treats simple injuries and minor ailments cuts and headaches							
Takes simple health precautions changing wet clothes etc							
Seeks medical help when required and takes medication reliably							

Social Academic

Communication

Makes needs or wants known by gesture, sounds or simple language

Follows spoken instructions

Can say own name and address

Uses whole sentences speaking clearly and distinctly

Explains feelings so that others can understand

Reading

Recognises letters of the alphabet

Reads important words such as “danger” “exit” “toilet” etc

Can sound out new words using knowledge of letter sounds

Reads with understanding e.g. uses newspaper or magazines to get information

Reads books or magazines for pleasure

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Uses whole sentences speaking clearly and distinctly							
Explains feelings so that others can understand							
Recognises letters of the alphabet							
Reads important words such as “danger” “exit” “toilet” etc							
Can sound out new words using knowledge of letter sounds							
Reads with understanding e.g. uses newspaper or magazines to get information							
Reads books or magazines for pleasure							

Social Academic

Telling the time

Tells the time to the nearest hour using clock or watch

Tells time to the nearest 1/4 hour

Tells time to the nearest minute

Sets clock e.g alarm clock to a given time

Uses 24 hour system e.g. reading a time table

Concept of time

Knows days of the week

Associates certain times with daily activities
 e.g rise at 8am lunch at 1pm

Knows month of the year and order of the seasons

Can plan events in advance using calendar or time table

Estimates passage of time reasonably well
 e.g. 1/2 hour ago

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Tells the time to the nearest hour using clock or watch							
Tells time to the nearest 1/4 hour							
Tells time to the nearest minute							
Sets clock e.g alarm clock to a given time							
Uses 24 hour system e.g. reading a time table							
Knows days of the week							
Associates certain times with daily activities e.g rise at 8am lunch at 1pm							
Knows month of the year and order of the seasons							
Can plan events in advance using calendar or time table							
Estimates passage of time reasonably well e.g. 1/2 hour ago							



Social Academic

Friendships

Generally tries to get along with others

Shares or lends possessions with discretion

Shows warmth or affection kindness and sympathy

Keeps in touch with friends remembers their birthdays

Considers friends feelings offers help where possible

Leisure - group activities

Enjoys being in the company of others going to party dance or disco

Attends club or social centre

Goes to cinema theatre sporting or athletic event

Takes part in team games

Takes part in dram concert amateur theatrical band or choir

	Can do without help or supervision	Can do but only with help or supervision	Cannot do yet	Do not know whether he/she can do this	Uses this ability to an adequate amount	Does not use this to an adequate amount	There is no opportunity to use this
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Shares or lends possessions with discretion							
Shows warmth or affection kindness and sympathy							
Keeps in touch with friends remembers their birthdays							
Considers friends feelings offers help where possible							
Enjoys being in the company of others going to party dance or disco							
Attends club or social centre							
Goes to cinema theatre sporting or athletic event							
Takes part in team games							
Takes part in dram concert amateur theatrical band or choir							



Social Academic

Telephone

Answers phone correctly identifies self holds simple conversation

Calls appropriate person to the phone or takes simple message

Dials and obtains a required number (written down) and asks for person concerned

Uses phone for well known numbers including emergency services

Uses a telephone directory with some success

Responsibility

Aware of rules and the need to keep them e.g. safety honesty punctuality hygiene etc

Accepts criticism where appropriate

Accepts consequences of own actions

Accepts blame for own actions

Shows concern for the safety or welfare of others.

	Can do without help or supervision	Can do but only with help or supervision	Cannot do yet	Do not know whether he/she can do this	Uses this ability to an adequate amount	Does not use this to an adequate amount	There is no opportunity to use this
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Calls appropriate person to the phone or takes simple message							
Dials and obtains a required number (written down) and asks for person concerned							
Uses phone for well known numbers including emergency services							
Uses a telephone directory with some success							
Aware of rules and the need to keep them e.g. safety honesty punctuality hygiene etc							
Accepts criticism where appropriate							
Accepts consequences of own actions							
Accepts blame for own actions							
Shows concern for the safety or welfare of others.							

After the initial assessment has been completed the results for each category needs to be counted and recorded below. The assessment then needs to be carried out at regular intervals which will begin to give an accurate picture of individual progress at the same time highlighting areas where more input is needed

Date							
Can do without help or supervision							
Can do but only with help or supervision							
Cannot do yet							
Do not know whether he/she can do this							
Uses this ability to an adequate amount							
Does not use this to an adequate amount							
There is no opportunity to use this							
Signed							